



Behavior Webinars
Behaviorwebinars@gmail.com

General Information

Instructor: Dr. Jaime Flowers, Ph.D, BCBA, NCSP

Title: Rapport Building and the Therapeutic Alliance: Compassionate Care for Families

CEs: 3 Learning CEUs in the area of ethics

Location: Online

This course will cover how to create a strong therapeutic environment with both families and clients. It will cover the basics of creating rapport, and creating a relationship with both families and clients. Topics included are rapport building, active listening, readiness for change and more. *After completion of this course you will be awarded 3 CEUs in the area of ethics.*

Learning Objectives

1. Learn strategies for rapport building.
2. Learn how to actively listen and assess others for active listening.
3. Learn how to assess readiness for change and how to help further readiness for change.
4. Learn strategies to build a therapeutic alliance.
5. Learn tips on building rapport with children.

Course Assignments, activities, and technology

- 6 Videos
- 2 Reading Assignments
- 5 Discussion Boards
- 3 drag and drop activities
- 3 Resource review
- 1 Assignment
- Final Exam

Evaluation and Assessment

Participants must score 80% or better on all quizzes and exams. Participant also must turn in all assignments and respond to all discussion boards. Participants will have multiple opportunities to complete these activities if the first attempt is not satisfactory.

References

- Andrade, B. F., Browne, D. T., & Naber, A. R. (2015). Parenting skills and parent readiness for treatment are associated with child disruptive behavior and parent participation in treatment. *Behavior Therapy*, 46, 365–378. <https://doi.org/10.1016/j.beth.2015.01.004>.
- Ardito, R. B., & Rabellino, D. (2011). Therapeutic alliance and outcome of psychotherapy: historical excursus, measurements, and prospects for research. *Frontiers in psychology*, 2, 270. <https://doi.org/10.3389/fpsyg.2011.00270>
- Drollinger, T., Comer, L. B., & Warrington, P.T. (2006). Development and validation of the active empathetic listening scale. *Psychology & Marketing*, 23(2), 161-180.
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- Lugo, A. M., King, M. L., Lamphere, J. C., & McArdle, P. E. (2017). Developing Procedures to Improve Therapist-Child Rapport in Early Intervention. *Behavior analysis in practice*, 10(4), 395–401. <https://doi.org/10.1007/s40617-016-0165-5>
- Miller, S. D., Duncan, B. L., & Hubble, M. A. (1997). *Escape from Babel: Toward a unifying language for psychotherapy practice*. New York: Norton.
- Smith A.D., Seiter N., Quirk K. (2018) Listening in Couple and Family Therapy. In: Lebow J., Chambers A., Breunlin D. (eds) *Encyclopedia of Couple and Family Therapy*. Springer, Cham